104 Year Old Says

'Martini A Day May Increase Your Life Span'

By Priscilla Smith

"Frequenting the neighborhood pub and downing a martini a day, may actually increase your life span," says Winona Wilonka of California who is 104 years old. According to the November 2 issue of the Journal of the American Medical Association, Mrs. Wilonka is right. Those people who drink about three beers, two glasses of wine or two highballs per day may be less likely to die of coronary disease than people who abstain from alcohol.

A group of Harvard doctors, who submitted the study, said they observed the drinking habits of more than 1000 men and found that "moderate" consumption of beer, wine and liquor may reduce the risk of heart attack. The Boston researchers have documented information of 568 men who died of heart disease compared with the data on an equal number of men in the same age groups and basic socio-economic background. They have what they call strong evidence that "alcohol itself" and not some other vitamin or mineral in a drink protects against heart disease.

One of the researchers, Dr. Walter Willet, says they are not certain why alcohol produces the effects shown in the study, but they think alcohol may increase the body's high-density lipoproteins—a substance that protects against heart failure. Willet also adds that previous studies have also found medicinal value in alcohol, but are inclusive as to what specific component is beneficial.

Staunch supporters of the "healthy effects of alcohol study" include Mrs. Wilonka mentioned earlier. She attributes her longevity to brisk walks each day, vitamins twice daily, a bourbon on the rocks each evening and dying her gray hair brown. Mrs. Brown says all these things help develop a youthful self-attitude about oneself.

A Greensboro widow says she's been married twice. She says her first husband died of a heart attack.

Alexander Wins Danforth Award

When Dr. Sandra C. Carlton-Alexander and her husband Rondal, were recently appointed to the Danforth Associate Program, it marked a growing list of honors for Mrs. Alexander.

Dr. Alexander is an assistant professor of English at A&T and president of the Greensboro chapter of the National Association of Negro Business and Professional Women's Club (NANBPW). It seems like just a few years ago that Dr. Alexander was a hardworking undergraduate English major at A&T. A native of tiny Warsaw, N.C., she excelled in her collegiate studies and became second A&T graduate to win one of the prestigious Danforth

Ms. Salutes Prominent Women

By Trudy Johnson

According to Ms. Magazine, this current decade has 126 contributions to women. These involve areas of their personal, professional, and marital lives. These affecting Black women the most are briefly discussed as follows:


1976-1985. The United Nations declared these designated years as the "Decade of Women, Equality, Development, and Peace".

1976. President Carter appoints Patricia Harris as Secretary of Housing and Urban Development. The National Association of Black Professional Women is formed (in California).

1977. Faye Wattleton is the first Black woman (and first woman) to be elected for Planned Parenthood presidency since the organization was founded.


1979. Yvonne Brahwhite Burks, a Black congresswoman (from California), is one of the founders of WOMEN, USA, an organization promoting economic justice and so forth. For the first time, more women are taking positive actions toward a more distinguished United States.
Gospel Choir Participates In Workshop, Soul Stirring

By Michael Fairley

The A&T State University Fellowship Gospel Choir recently returned from a soul stirring experience in Atlanta, Ga. The 7th Annual National Black Gospel College Choir Workshop was held in the Colony Square Hotel and hosted thirty-five choirs from all over the country.

The event began as a festival until Creative Gospel Inc., an organization dedicated to the task of proclaiming gospel music as a legitimate art form, decided to sponsor the workshop. The three-day workshop featured group study in many areas of gospel music to help participating choirs better perform their craft.


A seminar was also given on Becoming More College Affiliated. This seminar involved discussion and exchange of ideas about successful techniques and procedures that have resulted in varying degrees of college gospel choir affiliation and recognition.

The choirs adhered to a rigid schedule during the workshop and performed in a mass choir composed of all thirty-five choirs rendered music for the workshop ended Sunday, November 25, following a morning worship service and a final concert by the remaining choirs.

'Degree Is Very Rewarding'

(Continued From Page 1)

"I find that the prime factor is motivation. A degree is very rewarding," comments Dr. Sadler. Even though these older students are competing with younger adults who have the subject matter, fresh in their minds, the older students find ways to deal with the stress of holding down a job and of continuing their education.

Many of these students are married and have families and simply don't have time to become actively involved in their social life on campus. Work takes up a large segment of their time.

Bob Greene, a political science major from Greensboro, has an interesting perspective. "By twenty-seven you know life must continue. You know what your goals are and when you actually take the initiative to further your education, it can be a monster," he said.

The younger person can devote more time to study and class attendance; but, in my case, I change shift schedules every seven days which makes it more difficult for me to attend classes," said Greene. However, Phyllis Williams, a resident student, has found the experience to be very interesting. "I get a chance to meet many different people by living on campus and the experience has proved valuable both spiritually and morally."

"I left the market-place to return to school and now that I am a senior, I have no fears as to what's expected of me when I graduate," said Williams.

Currently there are 503 women and 644 men enrolled who are twenty-five years and older. A random survey of thirty of these students show that they are handling the situation quite successfully. Many rank in the upper levels of their respective classes and show a genuine interest in helping their fellow classmates.

Arthur Hood, a senior art major from Greensboro, offers some insight into the dual role as student and husband. "Often times you neglect that I was giving to her while I was doing the same for my daughter. The important thing that I had to learn was that I had to take time out to take my daughter to a silent movie such as an outing in the park."

Unlike many students who find time for school work and a balanced social life, the non-traditional student as Greene has said, "It is a monster!"

Trespassing Major Problems
At A&T; UNC-G Gets Larceny

By Gail Boone

Trespassing is a major problem here at A&T while larceny is the most prevalent crime committed at UNC-G, according to security officials at both universities.

Joseph Daughtry, director of security at A&T, said negligence and carelessness are the causes of many crimes on campus.

"Crime is a problem, but we could do a lot ourselves to cut down on the crime rate," Daughtry said. "Many crimes could be prevented, he said, if instructors would lock their offices when they leave them, if women would keep their purses with them at all times, if students would lock their rooms before they go to sleep, and if they would also keep dormitory doors locked.

From July 30, 1978, to June 30, 1979, 496 crimes were committed at A&T, most of which were trespassing. The major problem of trespassing is keeping males out of female dormitories, during unauthorized hours.

"If a student is caught for trespassing, we write up the case and send it to Dr. Jesse Williamson for disciplinary action," Daughtry said. "If a non-student is caught trespassing he/she is issued a citation to appear in court."

Daughtry advises all students who work late at night to tell campus security the time they usually get back to the dormitories and that an officer would be assigned to be in the area.

At UNC-G, Jerry Williamson, director of security pointed out that their campus is a dual role as student and husband. "Often times you get caught up in research papers, studying, and exams that you cut short family responsibilities. My wife had to candidly point out the neglect I was giving to her and my daughter."

The important thing that I had to learn was that I had to take time out to take my daughter to a silent movie such as an outing in the park."

Unlike many students who find time for school work and a balanced social life, the non-traditional student as Greene has said, "It is a monster!"

...much more difficult and sophisticated than in the past," Shropshire said. "That is due, in part, to the fact that the consumer is much more sophisticated and demanding. The consumer is the past...more exacting in their standards. As consumer expectations of product quality rise, so must the employer's expectations of his employees. It is likely that both consumer and employer expectations will continue to rise as the future rather than go down."

To meet the challenge of growing employer expectations and to advance their business careers, students must have a career plan, Shropshire said.

...not talking about something that is fixed in concrete and can't be altered in any way. I'm talking about a goal toward which you work. The trick about it is to get your selected major in the first place, and where you would like to be five years from now be there."

"Once you have developed your plan, select the company you want to work for not only on the basis of how much they will pay you...but also on what opportunities are available to you to implement your plan and move you toward your objective, and what opportunities are available in other areas."

He also told the students to "...be aware of any training programs, workshops or seminars your company may offer...any tuition reimbursement programs the company may offer...just in your area, but in a wide variety of areas, particularly those that relate to your goal."

Shropshire told the audience that the best advancement opportunities lay in the fields of sales and marketing, finance and accounting, personnel and labor relations and computer science and data control.

While the advice doesn't guarantee everyone a company presidency, Shropshire concluded, "you will have a much better chance of moving into a decision-making position by preparing for the job, getting involved in the total market...effectively, being available, having an overall knowledge of the industry's product and of the other companies with which your company is competing."

Miller is an operating company of Philip Morris Incorporated. Principal beer brands include Miller High Life, Lite and Londoner. 
What's the opposite of life-besides death? "For Colored Girls Who Have Considered Suicide When The Rainbow Is Enuf."

The Aggie B. Harrison Players of A&T presented Ntozake Shange's dramatic creation on November 16-18, at Cosmos 1, 709 E. Market Street.

The play was student-directed by Sandra Jones, under executive directorship of Dr. John M. Killmanaro.

Shange is the highly successful poet-playwright-director-author of this play and "Spell No. 4." She was also the subject-profile on CAMERA THREE, a series on the arts, Thursday, November 7, 7:30 p.m, on UNC-TV.

"For Colored Girls," an off-Broadway play, was originally published by a feminist press—Shameless Hussy Press, P.O. Box 3092, Berkeley, CA 94703. This press has a reputation for "printing the unprintable."

The play consists of a series of dramatic poetry, exclusively talking maliciously about those Black men who have mistreated Black women.

The cast involves Ladies in Brown, Yellow, Red, Green, Purple, Blue, and Orange

The Aggie B. Harrison Players were Sheron Newkirk (Miss RBH Players), Yetto Harper, Penny Herndon, Gwen Grimstead, Rene Simons, Teresa Johnson, and Valerie Young. Ushers for the play were the ladies of Swing Phi Swing Social Fellowship and Esquire.


Others are "Toussaint," "One," "I Used to Live in the World," "Pyramid."


The play's admission was free for Star Club members and A&T faculty/staff, and $2 for college students with ID, $3 without. Donations were asked for before leaving if you enjoyed the play.

Other Richard B. Harrison Players' attractions are "No Strings," a musical by Richard Rodgers, December 5-8; and "Blues For Mr. Charlie," a play by James Baldwin, February 19-23.

Thus, speaking of James Baldwin, the novelist, essayist, and playwright is the author of 18 books including Go Tell It on the Mountain, and Notes of a Native Son. To add to this, he has a new novel entitled Just Above My Head, published by Dial Press.

(Continued From Page 1)

from a heart attack at age 46, and never had a drop of liquor in his life. She says, however, husband number two also suffers from heart disease. According to the widow, the two men are about the same age weight, if husband number one was still alive. She claims the only difference is, husband number two drinks every morning and night and his heart problems are a lot less than husband number one.

A heart attack victim, Willie Coltrall of High Point, says he suffered from a coronary in 1974. "My doctor told me to cut down on salt, cigarettes, sweets, that sort of thing. I had to have something to settle my nerves, so I had a drink each day. I haven't had any more trouble since, and I've gone back to a pack of cigarettes a day," says Coltrall.

Perhaps such stories will increase as Willett's research team, the American Heart Association and other research groups make advances in the treatment of heart illness.

The recent October issue of "Family Health" magazine reports that death rates from cardiovascular disease—"the number one killer—are decreasing. Cardiovascular diseases include coronary heart disease, hypertension, cerebrovascular disease and arteriosclerosis. Figures show a consistent decline in death from these diseases from 515 per 100,000 people in 1960 to 456 per 100,000 in 1975.

While conclusive reports have not proven that consumption of alcohol is responsible for the decline in fatal heart cases, doctors say that Americans are reducing their intake of calories, fats and cholesterol; getting more exercise; smoking less; eating less; and getting regular checkups and this preventive medicine attitude is helping to reduce statistics.

Myocardial infarction or heart attack is caused when vessels leading to the heart known as coronary arteries are blocked by blood clots or fatty deposits. If a blood clot partially blocks the main artery, the attack is not fatal and the individual survives with some degree of heart damage. Complete blockage results in death.

While such news of alcohol acting as a preventive medicine against heart attacks may be encouraging, Willett warns that doctors are not suggesting that non-drinkers take up drinking.

"It would not be proper to advise people to drink alcohol daily if they are not doing it otherwise," Willett said.

"But those who are already drinking probably receive a small amount of protective effect..."

Willett's research team's study along with others shows strong evidence that moderate consumption of alcohol may actually lengthen a potential heart attack victim's life. But like all things, too much isn't good...but a little may not be bad at all.
Burning The Midnight Oil

The semester is finally coming to a close. It’s time for all students to try to work on those grades and to burn some midnight oil. It’s time for all students to wrap up that last minute work and to try to accomplish some worthwhile studying.

Many times before, this writer has tried to get the students as well as the faculty and administration involved or make them aware of what is actually going on around them. As to whether or not one has heeded to this information is entirely up to the individual.

Students have been disappointed in the operation, at times, of the university. But either nothing was said or the issue was put off until a later date. We must not let issues slide from under our noses; we must not let things happen just because we do not care.

We are all students here at A&T, attending this university of higher learning for some kind of purpose; whether it be for an education and or how to deal with one’s surroundings. Let this semester be a lesson, if you are a freshman or a senior, learning about the responsibilities of college is an experience within itself.

If this responsibility includes learning how to deal with whether or not you pass or fail a course, if the administration is refunding your money, or whether or not your voice is being heard is all a contributing factor to making the university work for you.

The university, for as long as you are here as a student, is your tool for success. See to it that understanding is for your own gratification.

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Meeting The Cost

By Richard B. Steele

In a recent Ford’s Insider magazine, the topic of discussion was “Meeting the Cost of College Education or The $3,258 Question.”

There are many ways to meet college education cost, many do’s and don’ts are involved when selecting financial aid.

First, besides the soaring price of tuition (with the increase of $100 or more each year) take an account for the money you will spend on books and supplies, transportation and personal expenses. Now, evaluate family support, summer jobs, veteran or social security benefits and what you have saved. If this is not enough, the Basic Educational Opportunity Grant (BEOG) is available along with other forms of financial aid.

Suppose, you were unable to work this summer, have no benefits, and a small family income. The answer to your problems is to attend financial aid workshops such as the one to be held on our campus this week in the student union ballroom (Nov. 27-29). Learn the proper way to apply for BEOG, SEOG, scholarships and or athletic, minority aid and other campus related programs.

Another aspect of acquiring money is the loan. The one thing not to do is default or not pay back money you have borrowed. The most popular is the National Defense Student Loan (NDSL) with an interest rate of only three percent and ten years to pay after graduation. The most important thing to remember about a loan is will you be able to pay it back at the given interest rate. Further, never sign anything until you are fully aware of the terms of the agreement.

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Why Did You Attend?

By Florina G. Byrd

Students, before you graduate from college, it is important that you ask yourself whether you have the required qualifications of becoming that successful businessman, teacher, nurse, electrician, etcetera. If you feel that after your four or five years of undergraduate studies that you are not ready to face the “real world”, then you should attend graduate school to further your education. If this extra year does not influence you in any way, the next procedure you should take is to ask yourself why did you attend college?

In all reality there is no such phrase as an “unsuccessful college graduate” because whatever career field you chose to major in, there is a golden opportunity for you to become successful.

Have you ever wondered why some college graduates obtain a secure job and others do not? It’s not because some students majored in the “right field” and others the “wrong field”. These students were successful because they were determined and they strived for that goal. A curriculum has nothing to do with success. Who is it to judge one major field as being greater than the others as far as job security is concerned?

Students, there is one vital thing you must realize in conjunction with your career objective. You must sacrifice and dedicate time and effort to your major field of study. The reason for this is that someone else in that same career field may possibly be competing with you for that particular company you wish to be employed by.

Before you graduate, you should have a list of at least 5 to 10 job opportunities for you to choose from. Many of you may not have as many; but, if you do not have any, then it is suggested that you make an effort to begin applying for places of employment. Good luck!
Universities Endorse National Business League

(Continued From Page 3) because through your efforts, all Black Americans can retain hope that the future will somehow be brighter, more productive and characterized by greater potential.

With a supporting constituency of over 75 colleges and universities, the NBSL has earned the endorsement of faculty and administration officials who are now contributing to the growth and expansion of this organization. In addition, membership is open to any student or student organization that subscribes to the principles of the League. Moreover, membership is open to all public and private institutions that support the purposes of the League. Founded in 1900 by Booker T. Washington, the National Business League is America's oldest national business organization. Dedicated to promoting the financial and commercial development of Blacks and other minorities, it is recognized as the voices of the minority private sector. Headquartered in Washington, D.C., the League's growing membership is found in 120 chartered chapters in 37 states and the District of Columbia. In addition, more than 50 nationally minority business, trade and professional associations are affiliated with the NBL through its National Council for Policy Review.

Inmate Wishes Nice Holidays

Editor of The Register: I'm writing this letter in regard to my state of loneliness during the Christmas and New Year holidays. I am a man twenty-eight years of age, and an inmate incarcerated in the Correctional facility. I have no freinds and family to communicate or send Christmas cards to during the holidays and I feel very lonely, while other people with families are happy and feeling the spirit of Christmas.

I only wish I had my life to live over again; things would have been alot different. You really miss the things you really care for, and loved ones are taken away from you. It takes a person to really understand the beauty and joy that was once brought during those tedious times that we live in. I really hope you understand what I'm saying, because you don't have to be a prisoner incarcerated to be lonely, because loneliness is everywhere.

That is why I would be very appreciative if you would print my letter in hopes that it might reach someone out there and be my Xmas holidays. I thank you for just reading my letter if nothing else, and may God bless you and may your holidays be more pleasurable than mine.

Thomas Earl Williams P.O. Box 100 No.46073 Somers CT. 06071

Iranians To Learn To Use Weapons

(Continued From Page 1)

In Tehran, revolutionary leader Ayatollah Ruhollah Khomeini has urged his Islamic followers to moralize against the United States and said all Iranians must learn to handle a weapon. In a speech to revolutionary guards, the Moslem patriarch envisaged his nation of 35 million people producing a 20-million strong army within a few years. "Our Islamic principles say everyone should know how to shoot and how to ride a horse," he said.

God asks you to give more than thanks.

The God we thank for the many blessings we have is the very same God who asks us to love and help our neighbors. "But there's nothing I can do," you say, "I am just one person," Then join with others at your synagogue or church. Together, you can accomplish wonders.

Like the congregation in Montana that found a lack of adequate housing for senior citizens. Today, these needy people have a new, non-profit place to live and be thankful for. But the congregation also has more to be thankful for than ever because they took collective and effective action.

Or consider the religious group in Atlanta that helps move families and elderly persons who can't afford a moving service. There's no end to the need for neighborly help and the ways you can serve—if you really want to. Remember—you have more to give thanks about after you have been helpful.

Start treating your brothers and sisters like brothers and sisters.

A Public Service of This Newspaper & The Advertising Council
Army ROTC is sponsoring a Christmas food drive. Our goal is to give a Christmas food box to two needy families in the area. We need your support in order to accomplish this mission. Any canned foods donated to the cause can be brought to Campbell Hall or placed in other collection boxes at various locations. If you know of a needy family that would appreciate a Christmas box, please contact Army ROTC: Captain Leonard Worthington /7552 or Cadet Captain Roger Norrell /7552.

The Literary Circle will meet November 28, at 7:30 p.m., in Crosby Hall, Room 201. All students interested in sharing their art work, poetry, short stories or any other literary work are invited to come. Students who are interested should stop by Crosby 210 and see Dr. Bradford or Dr. Greene on the content and length of their material. This meeting will be opened by an excerpt from the play 'Colored Girls Who Have Considered Suicide When the Rainbow is Enuf.'

ATTENTION, ALL STUDENTS: You may have your own personalized yearbook for a small fee—line 1, your name printed on the cover-$2; line 2, (optional) major, classification, organization, or nickname—an additional $1.50. Make your copy of the 1980 yearbook one-of-a-kind. Orders must be placed and paid in full by November 29.

Press Secretary Powell Opposes Mission To Iran

Washington (AP) - White House press secretary Jody Powell said Monday that the Carter administration opposes Rep. George Hansen's personal mission to Iran and believes it may prolong the holding of 49 American hostages there.

"I don't think that sort of thing is helpful," Powell said of Hansen's negotiating independently with Iranian officials.

Hansen has proposed congressional hearings into charges against the deposed Shah of Iran as leverage to win the release of American hostages held for 23 days in the U.S. Embassy in Tehran.

President Carter has not endorsed any such proposal. To the contrary, he has publicly refused to negotiate in any way with Iran's leaders as long as the Americans are held captive.

When a reporter asked if there was a danger that Iranians might misinterpret Hansen's statements as an official signal from the administration, Powell said, "Yes. If he gives a conflicting view to the students...he could prolong their (the hostages) stay."

Powell said the administration continues to oppose such private missions as Hansen's.

It was the administration's decision to admit the shah into the United States that sparked the seizure of the embassy November 4 by militant Iranian students supported by Ayatollah Ruhollah Khomeini. Iran's leaders have called repeatedly for extradition of the shah, hospitalized in New York City for treatment of cancer, as the price for releasing the hostages.

Hansen, an Idaho Republican, went to Tehran on his own last week and in discussions with Iranian officials, proposed that a congressional committee investigate charges against the shah. Hansen said his proposal was well received in Tehran.

On Sunday he was allowed to see about 20 of the 49 American hostages at the embassy. He said their reaction to his presence made his trip worthwhile.

A $2400 contest gets underway this week to determine which A&T student experiments will fly into earth orbit aboard the space shuttle sometime in the 1980s.

Students interested in entering their designs for the shuttle experiments can submit a letter of intent at informal meetings scheduled for Saturday at 2 p.m. and December 6 at 7 p.m. in Barnes Hall Auditorium.

Dr. Stuart Ahrens, a physics professor at A&T and director of the university's student space shuttle program, said A&T will place a small research payload aboard a shuttle flight under the National Aeronautics and Space Administration's "Getaway Special" program. A&T's experiments will be designed and built entirely by students, according to Ahrens.

He said the experiment contest will be divided into the three categories of biology, chemistry, and physics, engineering and technology.

According to Ahrens, the $2400 in prizes will be divided equally among the three categories with a first prize of $250 each going to the undergraduate and graduate students who submit the best experiment designs in each category. Second place graduate and undergraduate designers in each category will win $100, and $50 going to third place designs in both the undergraduate and graduate divisions in each category.

The university's seven-month old space shuttle venture may yetuplicating costs in excess of $30,000 over the next five years, Ahrens said. The project received an early contribution of $4000 from Krypton Corporation. An additional $2000 contribution has since been made by TRW Corporations' Defense and Space Systems Group.

Ahrens said students entering the biology category will design an experiment to examine the effect of zero gravity on some biological process or parameter. In the chemistry category, student experiments will examine the effect of zero gravity on some chemical process or parameter, he said.

In the physics, engineering and technology category, students will be asked to design an experiment to continuously measure and record some physical parameter associated with the space shuttle's flight, such as acceleration, according to the professor.

Ahrens explained that while large multimillion dollar payloads will take up the bulk of the shuttle's cargo space, each of A&T's three experiments will weigh no more than 30 pounds and occupy a space no more than 19 inches in diameter and five inches high.

Entrance in the experiment design contest is open to all official full and part time A&T students registered during the spring semester of 1980. Students may enter to students in any major, he said, and students may work together in submitting a design.

Another $150 in prizes is being offered to A&T students, faculty, staff, administrators and their pre-college children who enter the space shuttle model-building contest, Ahrens said. First place will take home $50.

To enter the shuttle model contest, a person must build and fly a commercially available space shuttle model, according to Ahrens. The models will be judged April 12 on the basis of appearance, glide time, altitude of flight, and smoothness of landing, said Ahrens. Winners will be announced May 1.

The deadline for submitting abstracts for the experiment designs is March 1, 1980, with a final report due no later than April 1. Ahrens said the contest winners will be announced May 1.

Dressed to impress as these gentlemen await their date for a very special affair. (Photo by Woody)
Alcorn State University is the talk of the campus these days around N.C. A&T. The Aggies' winning streak will be on the line as they have never lost in their new gym, which recently has been named Corbett. Sports Center. The Alcorn State Braves enter Greensboro after having won 28 of 29 games last year. Their only loss was in the NIT to Indiana University. The Braves led the NCAA in rebounding and ranked second in scoring with a 92.3 average.

It's possible the Aggies could whip Alcorn. Alcorn, like A&T, lost four starters, and returned their league's MVP in Larry "Mr. Mean" Smith, a 6-9 senior who averaged 13.7 rebounds and 17.6 points last season. But Alcorn will have all of last year's second five returning which means Alcorn should be more experienced than A&T. But, let's remember A&T is undefeated at home. So we can't count the Aggies out.

The Aggiette basketball team suffered two defeats over the Thanksgiving holidays. One loss came at the hands of one of the nation's most outstanding basketball teams in N.C. State. A&T gave the Pack all they could handle in the first half, but the second half was all N.C. State. The other loss was to Missouri Western.

Coach Spruill was rather pleased with her team's play, especially in the first half of the State game. State was too tall for the Aggiettes to match up with. At one stage of the game, the shortest player on the floor for State was 5-8 and their front line stood 6-5, 6-2, and 6-0.

In Black college football last weekend, there were some surprising upsets. Probably the biggest was Bethune-Cookman's 16-13 victory over the Rattlers of Florida A&M. As everyone knows these teams were senior Lillie Pratt and junior Shirley Hall. Pratt finished the game with 23 points while Hall was the inspirational leader, grabbing rebounds and just playing extremely well.

"We just gave up near the end of the game," Coach Spruill said. The Aggiettes played tough in the first half. Leading them were senior Lillie Pratt and junior Shirley Hall. Pratt finished the game with 23 points while Hall was the inspirational leader, grabbing rebounds and just playing extremely well.

Coach Spruill said, "Shirley did play extremely well. She was jumping with the taller State women and was holding her own until she got in foul trouble."

When Coach Spruill talks about the taller State women, she doesn't mean 5-10 and 5-11 players. N.C. State entered the contest with a front line of 6-5, 6-2, and 6-0. "They're awfully tall. That's what led to our downfall," Spruill stated. "They ran a double-post with the two tall girls and it just took its toll on our team. But I'm still proud of our club. We're going to win a lot of the games this year."

The Gold Bowl is coming up and this year's contestants will be South Carolina State playing CIAA's Norfolk State. The Gold Bowl annually matches a top team representing the MEAC and CIAA conferences. The series is tied 1-1 as S.C. State defeated WSSU in Gold Bowl I, while all Aggie fans remember A&T's loss to Virginia Union in Gold Bowl II last year. I have confidence in the Bulldogs. They won't let the MEAC fall in intramural basketball is now being played and IM director William Sheffield stated that this year it'll be a double-elimination tournament.

Indian summer brings out the beast in me. (Photo by Jackie)

Football

Season Over, MEAC Has Talent

By Raymond Moody

With the exception of post-season bowl games, the college football season is over. Whereas the MEAC has failed to produce as many pro athletes as the SWAC conference, the MEAC had quite a bit of talent. The conference has yet to name its all-conference team, so here's my pre-mature selection of the All-MEAC team.

At quarterback is Darrell Coulter, Morgan State. Running backs are Chris Ragland, S.C. State and Anthony Beamon, Delaware State. The wide receivers on my All-MEAC team are speedsters Greg Scott and Curtis Henderson from Howard University and Morgan State respectively. The offensive line is big and powerful led by A&T's center Smitty Davis. The two tackles are LeRoy Robinson, S.C. State and Fred Reed from Howard. Playing guard on this "dream team" are John Jenkins out of Howard and Edwin Bailey from S.C. State. The tight-end is Fitz Fowler, Howard University and the punter and placekicker is Malcolm Montgomery from S.C. State, who is currently the MEAC Career scoring leader.

Defensively, my All-MEAC team has Mike Anderson, UMES; Maurice Burton from Morgan State at the corner back position. The safeties are A&T's Eric Westbrook and Dexter Clinkscale from S.C. State. The linebacking corps has three pro-prospects in Delaware State's Greg Wright, who without a doubt is the MEAC's best. Supporting Wright is S.C. State's Ervin Parker and Gerald Huggins from Morgan State. The defensive line is led by two ends from S.C. State. They are massive Phillip Murphy and Raleigh Johnson. The defensive tackles are A&T's Leon Byrd and Morgan State's Elvis Franks. The kick return specialists are A&T's Lonnie Harris and Waymon Pitts.
STUDENT FINANCIAL AID WORKSHOPS

Theme: "How Much To Pay For Your College Education"

The purpose of these workshops is to inform students and parents of the various forms of financial aid available to them in meeting the cost of higher education. A major majority of our students, as well as, high school seniors are not getting the maximum benefit from the student financial aid programs offered by the university. This may be due to the fact that some students are not informed and others do not understand the requirements governing the programs and the process for completing the necessary forms on a timely basis.

The student financial aid program is a vital service devoted to enhancing the educational opportunities available and sustaining our enrollment. In that connection, the student financial aid office will conduct a series of financial aid workshops to be held in:

MEMORIAL UNION BALLROOM

on

NOVEMBER 27, 28, and 29

beginning

6:00 P.M.

Also, participating will be Mr. Jonah Smith and Staff from the Cashier's Office who will be explaining the fee assessment process based on current cost of education and other related matters.

Submitted by Ms. A. Dalton
Director of Financial Aid