

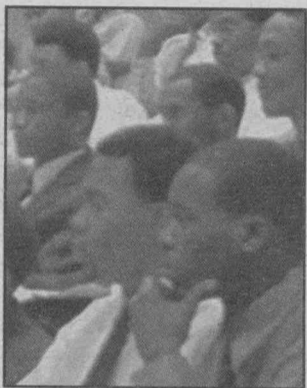
A&T Alpha men learn to become black leaders in America

By T.J. MOORE
Register News Editor

For four days, the Beta Epsilon Chapter of Alpha Phi Alpha Inc. put on a clinic, "How to Be a Real Man."

It was part of the chapter's Black Male Leadership week, Jan. 29 to Feb. 1 in Webb and McNair auditoriums.

The topics of the week included "Business Etiquette" and "Knowing One's Self." There was also a guest speaker and a discussion of black leaders in America.



Sharonda Eggleton/Register

Men of the fraternity Alpha Phi Alpha listen attentively during "Black Male Leadership Week."

The seminar opened on Jan. 29 with

"Business Etiquette." Just like other students, these men have gone or will go on an interview for a job and appearance plays a big part in the hiring process. The Alphas went through a discussion of business fashion from suits to belts, cologne, power ties and other accessories.

The Alphas went over "Leonard's laws." These laws tell the guys to always wear pure silk ties, and according to these laws a man should never wear short-sleeve shirts with suits and never wear socks that bundle at the ankles or boots with a suit when going on an interview.

The first night of activities ended with the men in attendance learning how to fold a pocket square. There are three different ways: the triangle method, the puffed method and the multi-pointed method.

The second night of the leadership week dealt with self-knowledge. "Knowing One's Self" gave the Alphas a chance to assess where they are in their lives by taking a self-assessment test. The men were asked to follow a self-directed search entitled "You and Your Career" and an "Assessment Booklet" to measure the various results of the test. After the test, there were spirited comments about individuality.

Brother Andrew Lofters believes that
Please see LEADERS, Page 3

Larger than life



Sharonda Eggleton/Register Staff

After over a year of work, the monument of the A&T Four was unveiled to the students, faculty and community of Greensboro. The sculpture was sculpted by James Barnhill who carried out the vision that Chancellor James C. Renick had for commemorating the historical event.

The 15-foot monument of the A&T Four was unveiled Feb. 1 marking the 42nd anniversary.

By RANDY ST. CLAIR
Editor-In-Chief

The atmosphere was indescribable. The faces in the crowd, old and young, were filled with the spirit of happiness, overwhelmed with the spirit of love and touched by the spirits of four freshmen who refused to be denied the right of equality.

The day signified honor, courage, love and respect for civil and human rights. The wind blew, the sun played peak-a-boo, yet there was a sparkle in the eye of all who saw this 15-foot monument standing in front of the Dudley Building, of Franklin McCain, Joseph McNeil, Jibreel Khazan and David Richmond, known as the A&T Four, not yet unveiled.

About thirty minutes later after each man spoke, and thanked the N.C. A&T staff, faculty and students the community joined to unveil the history made 42 years ago.

"It's amazing to see how Mr. (James) Barnhill envisioned something that already had a vision and make it come to life," said Joseph Frierson, senior, political science major. "I recognize the hand of God in his life and in his work."

The bronze monument depicted the four A&T freshmen walking out of the F.W. Woolworth's lunch counter, standing tall, with the look of confidence and with the heart of bravery.

Provost Carolyn Meyers began the event saying, "Forty-two years ago four freshmen at this university sat down so

Please see UNVEIL, Page 3

Tech students revisit black inventors

By RANDY ST. CLAIR
Editor-In-Chief

In one way or another we've all had a desire to go back in time and change, redo or be a part of something really great or special.

We've had that urge to even go back with the knowledge and technology of today's age and become innovators in a time where people were thinking in black and white.

Well, eight students from the School of Technology and Dr. Vincent Childress, a professor in the school, have done just that. They've modeled

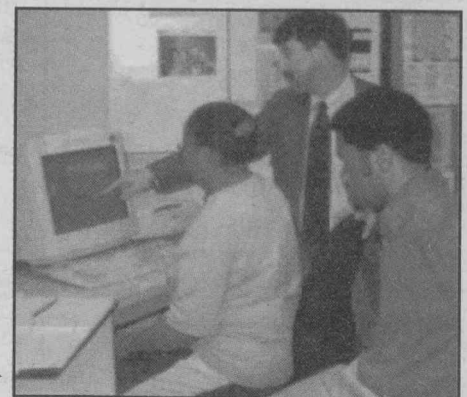
old inventions and made them new for today with innovations of their own, and during the month of February their posters will be on display in Smith Hall.

"This has been a big history lesson for me and a great learning experience," said Courtney Bland, a 23-year-old senior technology education major.

Bland did research on who invented the fire escape, and found out something that she didn't know before.

"I had no idea that Joseph Winters, a black person, invented the fire escape. It's interesting to know that so many of

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Dr. Vincent Childress helps students with a class assignment.

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Aggie basketball team is on track with winning streak.
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IN BRIEF

New laboratory serves ag students

With support from Syngenta Crop Protection, a new laboratory is now available for soil science students at N.C. A&T.

The new lab in room 119 of Carver Hall was made possible with a \$150,000 grant from Syngenta. The lab was dedicated on Dec. 6.

The grant also helped A&T establish a fund for future growth and create the Syngenta Scholars Program, and Syngenta has designated \$125,000 for A&T to offer paid internships at its Greensboro office.

"Syngenta has been a very supportive partner in our efforts to prepare students for promising careers in agriculture and environmental sciences," said Dr. Alton Thompson, dean of the School of Agriculture and Environmental Sciences.

Named to board

Gwennella Quick, a clinical assistant professor of nursing at A&T, has been elected to a two-year term on the board of directors of the Partners of Public Health Coalition.

The Partners of Public Health Coalition exists to involve and inform Guilford County citizens of the health needs that the Guilford County Department of Public Health is responsible.

Cruise planned

N.C. A&T will sponsor a four-day cruise to the Bahamas, May 12-16. The "fun ship" will depart from Port Canaveral, Fla., to visit islands famed for their pristine beaches, renowned dive sites, golf courses and duty-free shops.

For information, call the Office of Alumni Affairs at 334-7583.

FAA funds project

The FAA has awarded an advanced three-year research project, "Detection of Disbond and Assessment of Structural Integrity of Composite Repairs of Aircraft Components," to three A&T professors: Dr. Kunigal Shivakumar, director of the Center of Composite Materials Research, and two CCMR faculty members, Dr. DeRome Dunn (mechanical engineering) and Dr. Sameer Hamoush (civil and architectural engineering).

The project will develop tools to monitor strength and residual life of deteriorated aircraft components and to design composite patch repairs.

Styles at sessions

Dr. Teresa Jo Styles, interim chairperson of the speech and communication department, attended a training session for the Accrediting Council on Education in Journalism and Mass Communication in Washington, D.C., Nov. 11-12.

Participants will become site team members, making recommendations on the accreditation of journalism and mass communication programs.

Styles participated in cross-media training at the University of California at Berkeley Graduate School of Journalism Jan. 5-12. The program provides the framework for journalistic narrative in print, broadcast and the Internet across the "Fault Lines" of race, class, gender, generation and geography.

A&T Four honored with breakfast

By RANDY ST. CLAIR
Editor-in-Chief

It was an event that signified and glorified the acts of four freshmen who decided to take a stand against the racial injustice shown to people of color.

Franklin McCain, Joseph McNeil, Jibreel Khazan and David Richmond were honored with a breakfast in their names celebrating their decision to sit-in at F.W. Woolworth's lunch counter on Elm Street, and fight against racial inequality in the south.

Williams Cafeteria Annex was filled to capacity on Feb. 1 as members of the community, distinguished guests, students and faculty were dressed in their best to celebrate the 42nd anniversary of the A&T Four.

There was singing by S.G.A. President, Greg Drumwright and MVP as well as a video shown of the tedious task that James Barnhill had in making the A&T Four monument that would later be unveiled.

The program started with a 10-minute video that spoke of the courageous acts of the four freshmen, and all that they fought against. The video also showed James Barnhill and his work on the A&T Four monument.

Ralph Shelton, Chairperson of N.C. A&T Board of Trustees spoke soon after the video.

"Thank you for being here to celebrate this special day. A day 42 years ago four freshmen decided to sit-in with passion and with patience," he said. "This is more than just a special day, it's an historical event. This day left a mark in history and I want to say thank you."

The keynote speaker was Ron McNeil,



Sharonda Eggleton/Register Staff

Members of the S.G.A. stand with the A&T Four at a breakfast that was held to commemorate of the acts of the four freshmen who sat-in at F.W. Woolworth's 42 years ago.

the son of Joseph McNeil who spoke of what his father and his friends did that day in Feb.

"I wonder what was going through their minds at that time," said McNeil. "They were just ordinary men, 17-years-old. They didn't strive for greatness, they were just ordinary."

McNeil talked about the injustice that still continues today and how it can be changed.

"For too long we've been taught to hate ourselves," he said. "We've been

taught that we need to change. Today it's a good thing to be Indian, it's a good thing to be a person of color.

"We can change and impact somebody's life. I remember a great man once said to me, 'If you don't like the way something is done, then it's up to you to change it.'"

The program ended with Vincent Harding and Rosemarie Freeney Harding who were awarded the Human Rights Medal presented by Chancellor James C. Renick.

Ronald E. McNair symposium sees success in first year

Staff Reports

On Monday, Jan. 28, N.C. A&T welcomed the first Ronald E. McNair Symposium on Science Frontiers.

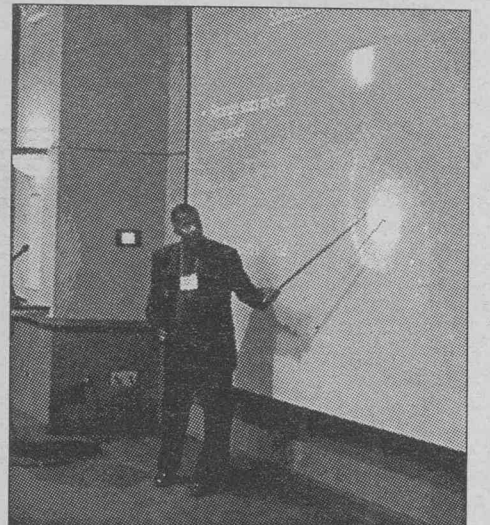
The symposium was dedicated to the late Dr. Ronald E. McNair. Born on Oct. 1, 1950, in South Carolina, Ronald E. McNair received a B.S. degree, magna cum laude, in physics from A&T in 1971. After earning a Ph.D. in 1978 he joined the NASA space shuttle mission as a mission specialist. He died in the Challenger space shuttle accident on Jan. 28, 1986.

The central theme for this first year symposium was "Science Frontiers." It was chosen to reflect the interdisciplinary nature of the symposium, covering not one specific area in science but also a broad range of areas, demonstrating

the quality of teaching and advising that A&T has to offer.

The day began with a poster session that highlighted A&T student and faculty research. The program moved into presentations by guest speakers, with topics such as Current Trends in Higher Education, A Look at 21st Century Scientific Research and Education, Research at the Frontiers of Nuclear and Particle Physics to Why and How to Make Science Your Life's Work.

Demonstration by A&T students and faculty of their research highlighted the symposium, as well as displayed the effective advising received by students. The symposium organizers said they were greatly impressed with the turnout of over 100 supporters throughout the day's events.



Sharonda Eggleton/Register Staff

Keith Baker, Hampton University, discusses the solar system.

EYE ON CRIME

COMPILED BY TAMIKA HUDSON
Register Contributor

N.C. A&T University Police reported the following incidents during the period of Jan. 21- Jan. 27.

Vandalism

University housekeeper of Carver Hall reported that some unknown person(s) damaged the vending machine by pushing in the plastic window. There are no suspects at this time.

Larceny

A male student, Aggie Suites resident, reported that some unknown person(s) entered his secured room and removed his Nokia cellular phone.

Fuel Leak

A staff member's 1970 Ford was iden-

tified as leaking fuel on the ground of Moore Gym lot, due to an overfilled gas tank. The Greensboro Fire Department removed the excess fuel from the tank and used sand to absorb the fuel on the ground.

Drug Violation

Two male students, residents of Cooper Hall, were identified as having an odor of marijuana coming from their room. There were no criminal charges filed.

Credit Card Fraud

A female resident of Barbee Hall reported that another resident used her credit card without her permission.

Vandalism

A male student reported that an

unknown person(s) vandalized his vehicle while it was parked at the Aggie Terrace.

Drug Violation

Officers responded to a room in Cooper Hall in reference to an odor of marijuana. Four male students were found in the room. A consent search revealed a small amount of a leafy substance on one of the residents that room. No charges were filed.

Hit and Run

Staff ROTC advised that the government van was struck in the right rear quarter while parked behind Campbell Hall. The driver of the suspect(s) vehicle fled the scene. Damage was estimated at \$300.

INVENT

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the things that we use today a black person invented it, and that's a shock for me," she said.

The inventions that are being displayed in Smith Hall are the stoplight, mop, smokestack, fire escape, letter box, dough kneader, ironing board and the electric lamp.

The students' work can also be seen at the university's website at www.ncat.edu/~childres/blackinventors.html.

The 11 X 17 posters will hang on the walls of Smith Hall starting next week, demonstrating the research and creativity that African-Americans had at a time where they were being overlooked by society for having the capability to create anything.

The students involved in this project as well as Childress have spent hours of research trying to remodel inventions of old.

"We had to do enough research to turn this project around in time so that people would be able to see the creativeness of these inventors," said Childress. "These inventions are a great part of technology and that's exactly why we're studying them. It's a great part of Black History Month."

But what makes this project so interesting isn't just the fact that students are having a chance to go back and try to make something better, but that A&T students and Childress get a chance to do that with a generation of students that may not know about these inventions or who they were created by.

Childress has teamed up with teachers from Irving Park Elementary School to teach students there about the inventions of yesterday that still stand today.

Childress, a member of the International Technology Education Association for Children Council, said that they were thinking of ways to teach children about technology, and do it in a way where they could still learn math,

reading and writing.

"I told them that I would go and volunteer at an elementary school and do a project with them. When I went home and thought about it I thought about doing a black inventors unit at Black History Month," said Childress.

Childress is teaming up with Ricki Gray, a third-grade teacher at Irving Park Elementary, and her student teacher April Lucas. A second Irving Park teacher, Erica Alvarez, is also planning on teaching the unit to her class.

"This is an example and an opportunity for those students to learn about Black History Month and also to learn math, reading and writing," said Childress.

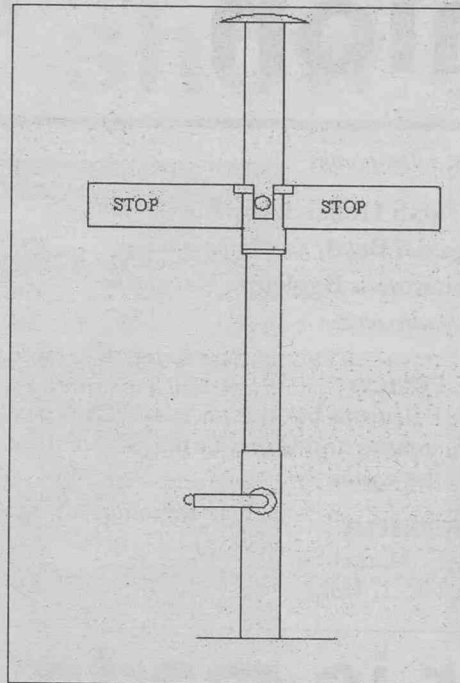
The students will do their best to improve one of the eight inventions that A&T students are showcasing. In order to do that, the students will have to know symmetric figures and geometry. They will also have to write down their invention on what is called "My inventor's log."

On this log they will have to answer questions such as, what is the importance of studying inventions by black people, what is the importance of studying inventions and innovations, what is an invention and what is an innovation.

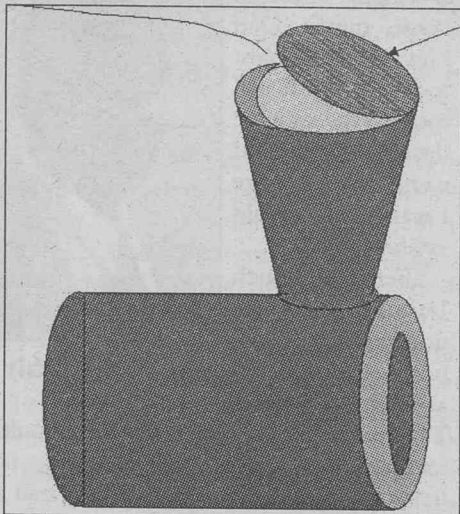
"This project teaches the students diversity," said Childress. "Blacks are so misrepresented when dealing with inventions, and this project provides a model and gives awareness to white students who may not have ever heard about these people. Everyone benefits from this project. This type of project demonstrates to the students that learning can be made fun while integrating technology."

Bland also described her thoughts and feelings about going to Irving Park Elementary to teach students about inventions and innovations.

"I'm excited about going over there," she said. "I want to see their reactions because I know that they're going to be proud. They're getting a chance to actually make the inventions themselves so I know that it will be a lot of fun."



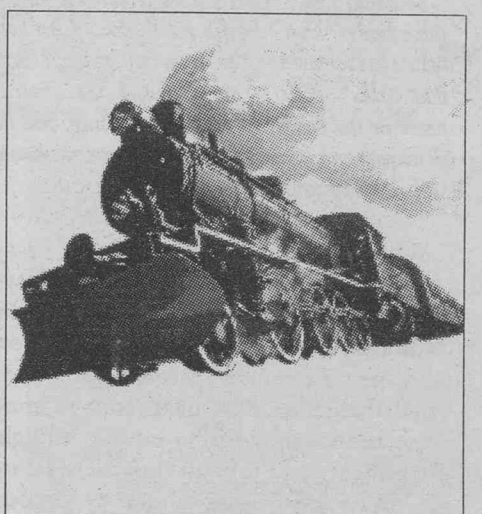
Garrett invented the traffic signal (stoplight). He invented the traffic signal in 1923. Everyone wanted to own a car then because it was a new invention.



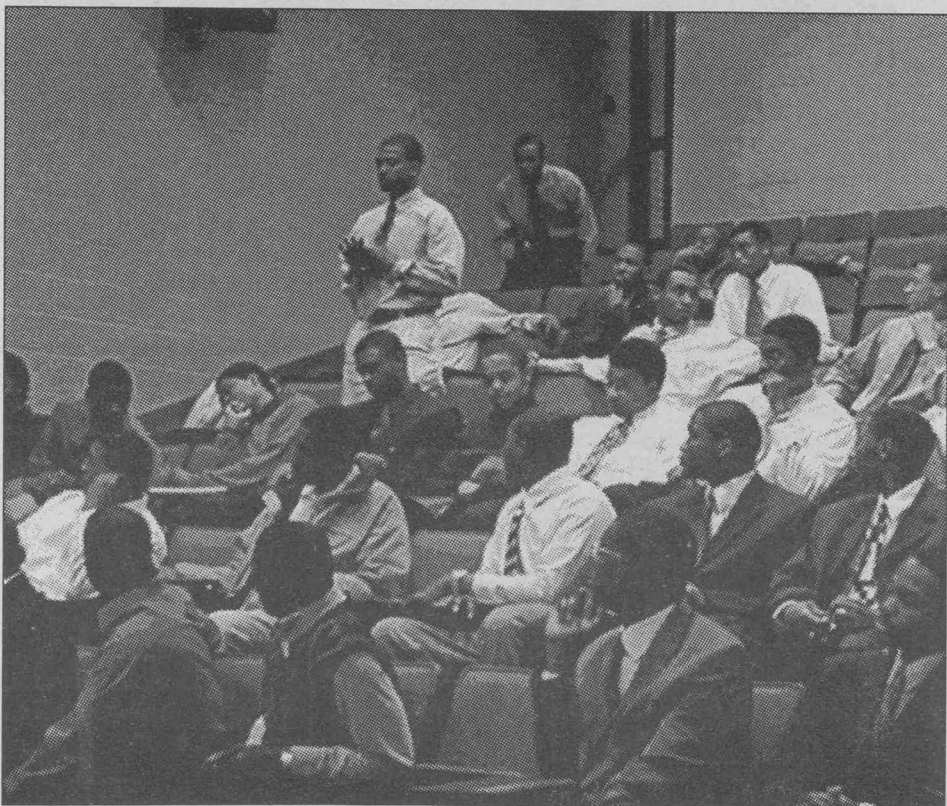
Landrow Bell was a black inventor who should not be confused with Alexander Bell, inventor of the telephone. He invented this safer smokestack in 1871 when trains were being used to cross the plains into the western frontier.



Back in the 1920s, the stoplight was really needed by people who lived in cities. There were so many people driving wagons, horses and even cars.



Settling the West was very important to the country because people wanted to earn money out there. We also wanted to build new homes there. Trains were very important ways of getting settlers and cargo to and from the West.



Sharonda Eggleton/Register Staff

Alpha Phi Alpha men were asked to introduce themselves at the Black Male Leadership series.

LEADERS

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he needs to be a better leader.

"Basically, I need to advance on my leadership skills," he said. "I knew I was a leader before but there are some areas that I need to improve," Lofters commented.

The words began to sink in as the brothers began to take something out of this part of the program.

Brother Dazzell Matthews believes that individuality can be molded in cohesiveness with others.

"Everyone lives in their own world and life is nothing more than piecing together worlds," he said.

UNVEIL

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that we could stand up. By their chapter in history a new day in civil rights was written."

She continued stating that the A&T Four "shaped the future we now enjoy."

Chancellor James C. Renick spoke immediately after Meyers. His words were poetic as he described the day in history that the four A&T freshmen took a stand against racial inequality.

"I'm thankful that the A&T Four sat-down, I'm thankful for the sacrifices made so that we may enjoy life, liberty and happiness. This is a day of history, love, celebration and thanksgiving," said Renick.

Hundreds of members of the community were on hand to see the historical event, to witness first-hand the unveiling of the monument sculpted by James Barnhill.

Barnhill spoke of his experience in sculpting something of this magnitude.

"I begin by saying, 'this is the day that the Lord has made. I will rejoice and be glad in it.' The work that I've done was done first for the Lord," he said. "I realized how big of a project this was when Chancellor Renick came by, on more than one occasion, and each time he said, 'do you know how big this thing is?' After a few of those I knew I was fortunate to have the honor of sculpting an event like this."

Children, students and adults waited

in anticipation to see the monument that took over a year to make.

The moment finally came after the encouraging remarks of McCain.

"When you see this monument, see it as an act of faith and think of the nameless and faceless people we've forgotten, the ones who picketed and walked," he said. "When you look at this monument color it black, white, yellow, red or brown. When you look at Jibreel Khazan, David Richmond, Joseph McNeil call them equality, freedom, vision and commitment."

Mable Scott, assistant vice chancellor of university relations, asked the crowd to join the A&T Four in taking off the covers that hid what people hoped was a magnificent piece of artwork unlike any other.

What added to the specialness and memorable moment was, after hiding for several minutes, the sun began to shine and as soon as the covers went off the sun peaked its head around the clouds and basked upon the bronze sculptor that seemed larger than life.

Eyes gazed and the crowd cheered, shouting "Aggie Pride! Aggie Pride!" In the background the A&T Gospel Choir sang the school's alma mater, "Dear A&T."

Joan Jefferies, an active member of the community and an employee in A&T's minority student affairs, was more than pleased with what she saw.

"I enjoyed it very well," she said. "It was a great experience and very moving. The monument was a great representation."

Randy St. Clair, *editor-in-chief*

T.J. Moore, *news editor*

Tarah Holland, *entertainment editor*

Chris Wallace, *sports editor*

Jason Boyd, *advertising manager*

Shakinta Johnston, *staff writer*

Sharonda Eggleton, *photographer*

Valerie Nieman, *faculty adviser*

EDITORIAL POLICY

Editorials reflect the opinions of the A&T Register but not necessarily those of the university. Views in guest commentaries and letters to the editor are those of the writer.

THE A&T REGISTER

Box E-25, 1601 E. Market St.
Greensboro, NC 27411

The leader is made up of who you are

So what, I'm 7 years old but I want to know some things. You can call me Colin. Can you blame me for wanting to know my history? My dad talks about it only around the church, never in the house. I hear him talking, but he don't ever say it straight to me. I want to know so I'm going to ask him...

Who are they?

Who are the ones that sat-in, boycotted and made things I couldn't even fathom? Who are the ones that stood and never fainted? Though they were tired from the day's heat, though they were beaten (physically) by the struggle for equality and though they were hunted down by dogs wishing to devour their flesh.

Tell me who it was that spoke of unity, of being one? Who was it that shouted from the mountain tops and rained down the voice of triumph, hope and faith? My eyes, innocently filled with the stories of yesterday, see only in black and white. My ears are lusting to hear the sounds of the marching feet dancing to the beat of determination. Oh the sound of strength, if only it could speak. What would it sound like? If only I could hear it, what beat would it have?

Who are the ones that hurt at night yet stand in the day? Where was their pain? When I was hurt momma got me a Band-Aid and it was cool. Where was their Band-Aid?

What's jail like? Who was there? I didn't know that desiring equal service from restaurants would send you there. I thought jail was for bad people.

Who were the ones that discovered the unknown? Who uncovered the secrets of our ancestors? Where are their families? I have a family. It's me, my brother J.C., momma and dad. We get along fairly well, despite our usual spats with each other. I can honestly say that I love them.

Can I say that I love the ones that came before me and did the great things my dad talks about? Is it okay for me to love the ones that sat at home praying for the lives of their loved ones, or praying to God for change? I know change

is coming. It has to come, right? Dad says we've fought too hard for it not too. The way he describes what went down before I was born I would say he's right.

There's so much I want to know, but not enough questions to get all the answers I want.

Tell me, who are the ones we should look up to today? What can I do to make my mark in history? Where can I go? Who are those that got called to war? Who fought for a nation for a country that hardly supported them? What are they called?

My daddy calls them leaders. They have no name nor want one. They desire to lead simply by example, feeding their flock wherever they go, giving them a sense of protection even when troubles knocking at the door, and always answering the knock with the assurance of defeating the trouble. They're called leaders, he said, because only a leader hurts but keeps going on, only a leader sticks with the vision despite the circumstances, only a leader can bring forth change. Only leaders can know who they truly are.

It's not by what they do that makes them leaders, it's not by how they do it. It's simply by recognizing that their flock was tended to and that maybe, just maybe, tomorrow might be better. A leader makes his mark on the inside of himself and the issues he's facing before he can affect the people who follow.

A leader can't be determined by what others think, but only by what he thinks.

Do I know now? I think so. It might be a bit much for a 7-year-old to handle, but at least I can say that I know. I still don't know a lot, but at least I can start on the leader inside of me so that I can be the leader in my community.

- Colin



Randy St. Clair

20 QUESTIONS

By **DIJON ROLLE**
Register Contributor

1. Who told everybody that it was springtime last week?
2. When did we get those "shelters" at the Aggie Shuttle Stops?
3. How long will it be before they're covered with graffiti and club flyers?
4. Is it just us or does the shuttle stay "deep" all the time?
5. Why is the library open 24 hours when nobody goes there to study anyway?
6. Doesn't it seem like everybody's tryin' to find a man before Valentine's Day?
7. Why is it that the people who can't hardly park in a regular parking lot have the nerve to try and parallel park by the stadium? Can you say "Stop holdin' up traffic"?
8. What if they gave out tickets for bad parking?
9. Does anybody really care that BBD (A.K.A. "Those three dudes from New Edition") is releasing another album?
10. What we really wanna know

is... whatever happened to ABC?

11. How many A&T students have memberships at A.C. Fitness... really?
12. How many of us are still waiting on our W-2's?
13. We are some people forever tryin' to claim other people's kids on their taxes?
14. When did "Member's Only" jackets come back in for people under 40?
15. Who's really the best... Jay-Z or Nas?
16. Why is there always "chaos" on the first day refund checks come out?
17. Which is the best way to tell that you've lived off campus too long:
 - A. Everything is news to you.
 - B. You're excited when promoters leave flyers on your car.
 - C. You never know about anything until the last minute.
 - D. You wish you still had a meal plan.
18. How many seniors still haven't paid that \$35 application fee?
19. If you don't graduate... do you get your money back?
20. How many of us have secretly watched "That '80s Show" on Fox and caught a few flashbacks?

Langston Hughes honored with Black Heritage Stamp

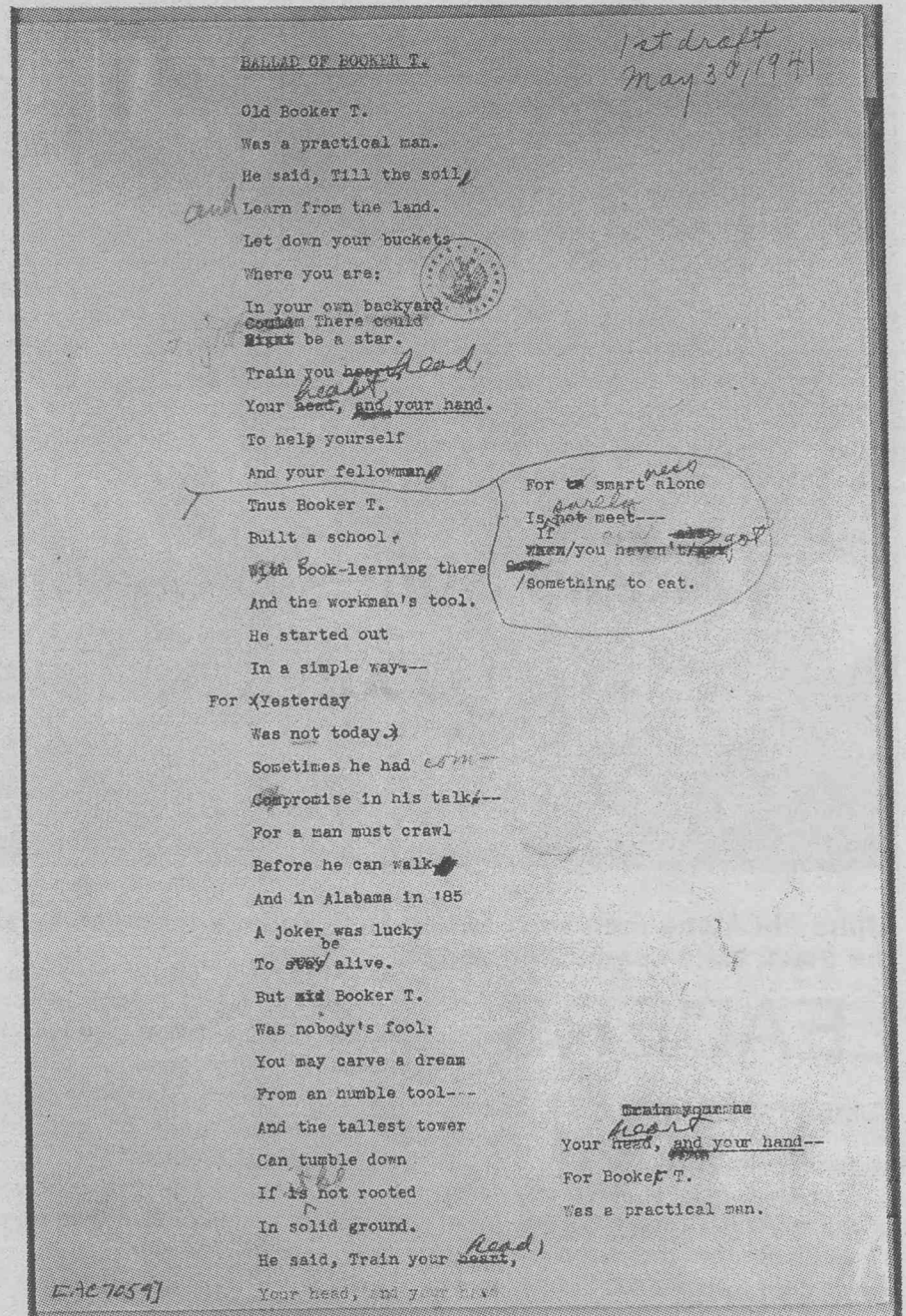
He was known for many things. A writer, poet, playwright - Langston Hughes depicted writing at its best. The power, the feeling, the impact of his words left readers speechless, crying and motivated.

At 10:30 a.m. Feb. 5 in F.D. Bluford Library, Hughes will be honored with a stamp in his name. The Hughes stamp

will be issued Feb. 1 at the Schomburg Center for Research in Black Culture, New York, N.Y.

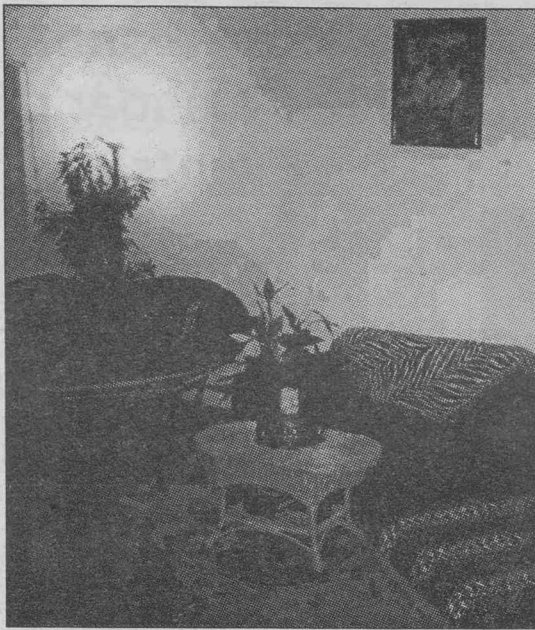
To this day the passionate and insightful words of Hughes that made the '20s a wonderful place to be will forever be remembered.

From his first draft to his last, his words live on, such as the one below.



Letters to the editor
are welcomed by e-mail at
register@ncat.edu
or by mail to **Box E-25,**
N.C. A&T State University,
1601 E. Market St.,
Greensboro NC 27411

'A&T Cribs' show style



This is the living room of Courtney Taylor and her roommates. It has a cathedral ceiling and is decorated with African and jungle themes. She shares this three-bedroom apartment with two other N.C. A&T students.

BY COURTNEY O. TAYLOR
Register Contributor

Where you live should be a sanctuary where you can still feel at home while most of us are away from home.

As college students we have all looked forward to or will look forward to the day we move on-campus or off-campus. And when we do finally step into that place that we'll spend most of our college life, it becomes very important to personalize and decorate it.

Whether we would like to admit it or not, we have all at one time envisioned how we would decorate our "cribs." We either looked in Pier 1 (knowing we couldn't afford it), or we asked one of our aunts if we could have her old couch that still has the plastic on it.

With my fascination with MTV's "Cribs" and a little HGTV, I was inspired to start what I will call "A&T Cribs." I will feature, weekly, students and alumni who have a flare for interior design.

Though most of us are not living in 14-bedroom homes with 14-karat gold bathroom fixtures like Master P, some of us are still living pretty nice!

So, to kick off A&T Cribs, I will feature my own "crib." It is a spacious three-bedroom, two-bathroom apartment that I share with two fellow Aggies, grad student Ajeenah Nuriddin, and senior Akimme Williams.

Our apartment is decorated with fur-

niture and art mostly donated by our families. The living room has a 14-foot cathedral ceiling and is decorated with an African and jungle theme. A cheetah print futon, zebra print throw and a papasan that's accessorized with African print covered pillows to give the room an exotic feel.

To help tie in the jungle theme, artificial plants have been placed strategically in the living room. Off the living room

New Feature

is the dining room, where we entertain many guests for dinner and study. Less exotic and modern than the living room, the dining room has a more traditional style.

A wood-finished dining room table adorned with burgundy and hunter green place mats and a flower arrangement take center stage, while a handsome light fixture sheds light on the room.

The bedroom located closest to the front of the apartment is my own. My room displays my love for dance with pairs of my old ballet shoes decorating the walls, collections of African-American ballerina figurines and prints. My bed stands three feet tall and is covered with eight plush pillows that encompass my bed in an "L" formation.

Down the hall is a tropical escape,

which we call our bathroom. Tropical fish decals swim about the walls, mirror, toilet, trash can and even glow in the dark. A shower curtain displaying an underwater scene helps complete the tropical theme.

The next bedroom is Akimme's, which is the most cheerful one in the apartment. Its focal point is her bed, decorated with vibrant colored flowers that seem to dance about. She continues the theme with Hawaiian flowers covering her bed's banisters and a flower-shaped rug. Her room is also bright because of the light pine finished bedroom set.

The final room is Ajeenah's. Her room proves to be not only the biggest but the most conservative and contemporary. Her spacious room holds an inviting cherry finished bed, dressed with a cobalt blue spread with light blue and cream blocks of color. Wood furniture lines the walls and holds pictures of her family and friends.

Her room also includes a large walk-in closet, and a continuing theme of cobalt blue and a slash of lime green decorates the master bathroom.

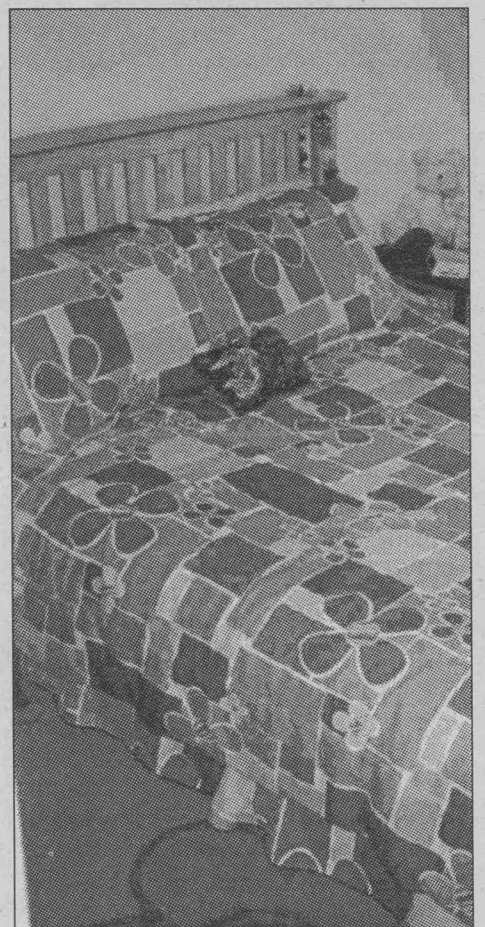
I hope that with this column I can shed the spotlight on other students who have decorating style. If you would like to have your home, apartment or dorm room featured in "A&T Cribs," please call The Register at 334-7700.



This is the dining room table where they study and entertain guests for dinner. It's less exotic than the living room and has more of a traditional style. The wood dining room table makes guests feel right at home.



Down the hall awaits the bathroom, better known as the "tropical escape." Tropical fish decals swim about the walls, mirror, toilet, trash can and even glow in the dark. The shower curtain displays an underwater tropical theme.



This is Akimme's room, known as the most cheerful room in the apartment. The focal point of her room is her bed. Dressed in bright flowers, it gives her room a glow.

Aggie Suites presents Winter Ball to help Urban Ministries and UNCF

HEATHER PHILLIPS
Register Contributor

The Aggie Suites Club and the N.C. A&T Teaching Fellows have joined forces again, to present the Winter Ball on Feb. 9 at 7:30 p.m. in the Memorial Union Exhibit Hall.

Due to the large number of Aggie Suites residents who have joined the Teaching Fellows program, the Aggie Suites Club decided to work with the program and provide an event that would be fun for students and help the community.

"This is something that we hope will become an annual event," said Natak Smith, a psychology major. "Our goal is to give a large contribution to the Thurgood Marshall Scholarship given

each year through United Negro College Fund."

The A&T Teaching Fellows is a scholarship provided by the North Carolina Department of Public Instruction. The recipient of the scholarship is given four years of paid education in exchange for four years of teaching in North Carolina. The program exposes students to more experience in the field of education and teaching.

One of the organizations' focal points in hosting the Winter Ball is to become more active in the Greensboro community by providing service that allows students to have fun and at the same time help the community.

All proceeds from the event will go to help support the Thurgood Marshall

Scholarship Fund of the United Negro College Fund and all donated canned goods will go to the Greensboro Urban Ministry.

With the help of many contributors, the United Negro College Fund distributes this scholarship to many students throughout the nation.

"After all, this scholarship might go to someone at this school," said Smith.

At the ball there will be refreshments will be served and music played by a live DJ. The cost is \$10 per couple, and a \$3 discount provided in place of two canned foods; \$7 per single and \$5 per single with one canned food item.

For more information, contact Smith at 389-2280.

Caldwell elected to symphony, orchestra

Dr. Michael Caldwell, chairperson of the department of visual and performing arts and professor of music at N.C. A&T, is serving as an elected member of the Greensboro Symphony Orchestra and the Music Academy of North Carolina Board of Directors.

As a member of the GSO Education Committee, Caldwell helped to develop a policy that allows college students to attend remaining 2002 GSO concerts for \$5, each performance. He is also a member of the GSO Conductor Search Committee to replace Maestro Stuart Malina.

Caldwell's affiliation with the Music Academy of North Carolina has resulted in a partnership providing an alternate concert location for A&T junior and senior recitals.

Staying healthy through the college years

BY TARAH S. HOLLAND

The "Big 15." Freshmen 15, that is. We've all heard it before, but it's safe to say it stretches far beyond freshmen years.



Surviving In the City
 By Tarah Holland

All the hype about the college population and what we eat. Really, how bad is a double deluxe burger with cheese, extra mayo, super-sized fries and a creamy chocolate shake?

It's as bad as a heart attack, literally.

As naive as we may be to the dangers of unhealthy eating, it's real and it can cause a lot of health problems now and in the future.

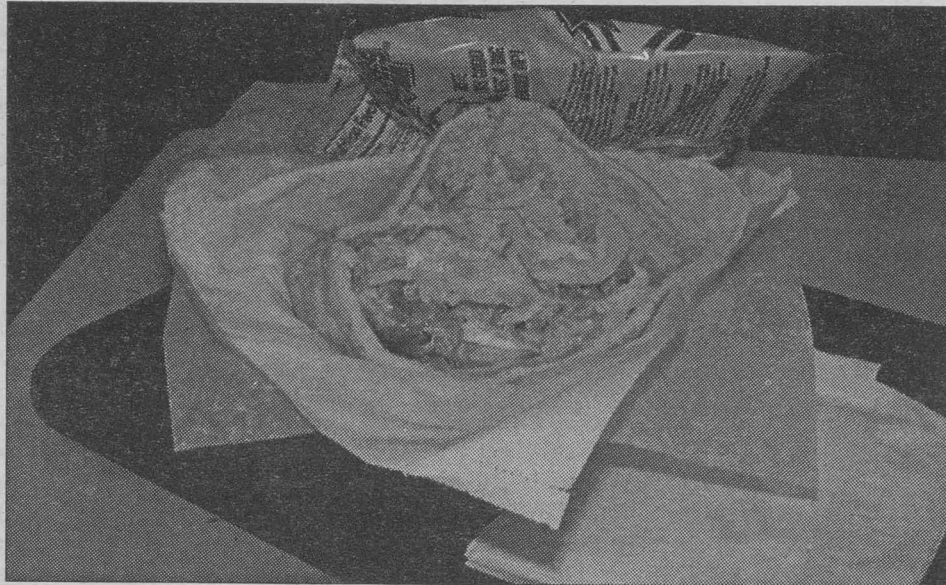
So we don't eat what we're supposed, when we're supposed to. Time is perhaps the biggest factor that determines what we eat. When was the last time Big Mama prepared a home-cooked meal anywhere at A&T, and made it available at whatever time we needed?

Between weekday tests and weekend jams, who has time to hit up the Caf for every meal or for those off campus, prepare a meal? We also forget breakfast, the most important meal of the day with the stress and lack-of rest we face as students.

Before you can say pass the salad, we turn to Cookout, McDonald's and KFC to find comfort in something fried, juicy or bathed in grease. What we fail to realize is that we don't have to ditch our fast-food friends. There are healthier ways to order fast food and definitely healthier ways to avoid all the fat.

For those who are mad about beef, avoid ordering the biggest burger that the restaurant sells. You can avoid all the grease, fat and indigestion that follows. It's also wise to cut back on additions of mayonaise and cheese. Instead choose toppings such as pickles, lettuce, tomatoes, mustard and ketchup that don't add unwanted fat.

For french fry lovers, eat in moderation. The fewer the better and to avoid all fats, opt for a baked potato. Wendy's



Tarah Holland/Staff Photo

A pita can be a very healthy meal, if you know how to fill it. Stick to veggies and stay away from lots of rich sauces.

has great fast food that can be healthy if ordered correctly.

What's better than a crispy chicken sandwich? One that's grilled or roasted. This is one thing that has become easier to find in most fast-food joints.

Boston Market is a good choice for a variety of steamed vegetables, caesar salads and delicious rotisserie chicken and turkey.

The average meal may run you anywhere from \$4 to \$7, depending on the quantity of food you order, but it's healthy, but don't get carried away with the cornbread.

Aside from the typical fast-food restaurants, new restaurants are beginning to emerge and offer healthier foods as fast as fast-food places, and just as tasty.

Subs, wraps and pitas are very filling meals that go beyond the term sandwich.

Greensboro's Pita Delite will definitely have you running for pitas. They specialize in healthy foods and provide customers with tips for eating on a diet.

"Depending on your diet, the amount of mayonaise, dressing and other sauces can make a pita less healthy to eat if you are on a diet," said Nayef, who is a part of the family-owned business.

Pitas are a light, soft bread served steamed and filled with anything of

your choice.

"Unhealthy means to have a lot of fat and what we try to do is to make that fat as low as possible," said Nayef. "With some dishes, the amount of cheese and dressing serves as protein to a diet, instead of fat."

Pita Delite is not limited to pitas. You can choose from hot sandwiches, kabobs, salads and seafood salads as well. The healthiest dishes offered are vegetarian specials. Prices range from about \$4 to \$7. Make the chicken fajita pita your first choice - trust me you will go back for seconds.

Subway is also a great place to grab a sub, hot or cold. You can't beat the turkey on wheat, with baked chips and a drink for about \$4.

Another suggestion is making soups and salads a meal, rather than the intro to a meal. You can find taste and creative salads at the IPD Eatery on Battleground. The grilled chicken caesar is one of the best in town.

If soup is what you crave, try Cincy's on February One Street downtown. They're know for their Cincinnati-style chili, soups and sandwiches. But they're a lunch crowd only, so hit 'em up before 2 p.m.

Whatever you chose to eat, keep in mind staying healthy is a trait that we need not forget, in college or not.

Top 10 Billboard Singles of the Week

- #1 Usher: "You Got it Bad"
- #2 Nickelback: "How You Remind Me"
- #3 Ja Rule (featuring Ashanti): "Always on Time"
- #4 Creed: "My Sacrifice"
- #5 Linkin Park: "In the End"
- #6 Pink: "Get the Party Started"
- #7 Alicia Keys: "A Woman's Worth"
- #8 The Calling: "Wherever you will go"
- #9 No Doubt (featuring Bounty Killer): "Hey Baby"
- #10 Jennifer Lopez (featuring Ja Rule): "Ain't It Funny"

All-Stars of BET Comedy Jam take Triad by storm

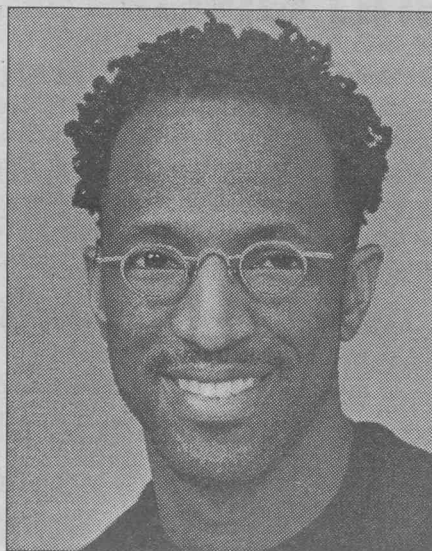


Photo courtesy of the Greensboro Coliseum

Rickey Smiley, Arnez J and Earthquake brought laughs and tears to War Memorial Auditorium on Friday, Feb. 1, as the All-Stars of BET Comedy Jam made its way through the Triad.

The tour stopped in Greensboro on its way across the country.

Ricky Smiley is known as one of the most popular hosts of BET's Comic View. Smiley is also the host of the BET's new phenomenon, "The Way We Do It." The show is featured Thursdays at 8 p.m.

Arnez J and Earthquake have been featured on ShowTime at the Apollo, HBO's Def Comedy Jam and BET's ComicView, and have individual specials in the works with BET.

African American History Month 2002 Calendar of Events

- Through Feb. 28
 Black Inventors' Timeline. Student exhibits will be in the hallway of Price Hall.
 - Feb. 5
 Unveiling of the 2002 Black Heritage Stamp Honoring Langston Hughes (with U.S. Postal Service). F.D. Bluford, 10:30 a.m.
 - Feb. 5
 "An Evening on Broadway" (with Author, Poet, Musician, David Matthews) Paul Robeson Theatre, 7 p.m. Two classroom seminars TBA (activity sponsored by Student Activities).
 - Feb. 7
 Movie: "Black Excellence: The Entrepreneurs." Crosby Hall, Room 319, 1 p.m. (sponsored by the Department of Foreign Languages).
 - Feb. 7
 "Collaborating with African Universities," (a discussion of higher education and research in Africa and how U.S. educators and students could enhance their contributions). Presenter: Dr. Abebe Kebede. Bluford Library, Seminar Room, 4 p.m.
 - Feb. 14
 Movie: "Ivory Coast (Cote d'Ivoire) Country of Hospitality." Crosby Hall, Room 319, 1 p.m. (sponsored by the Department of Foreign Languages).
 - Feb. 20
 Black History Month Lecture, "Malcolm X and Martin Luther King: Their Struggles." Proposed speaker: Ahmad Daniels, NC Humanities Council. F.D. Bluford Library, Room 258, 7 p.m.
 - Feb. 21
 Movie: "African American Leaders of the 20th Century." Crosby Hall, Room 319, 1 p.m. (Sponsored by the Department of Foreign Languages)
 - Feb. 21
 "The Meeting" (Lyceum Series Play) Playwright Jeff Stetson imagines for us what a meeting might have been like between Martin Luther King, Jr. and Malcolm X, back in February 1965. Paul Robeson Theatre, 8 p.m. General Admission (\$10), Students (\$7), A&T Students (\$5)
 - Feb. 23
 "Kids Day: A Celebration of Children," Moore Gym, 10 a.m.-4 p.m. (sponsored by Eta Chapter of Phi Beta Sigma Fraternity, Inc.)
 - Feb. 25
 "African Americans in Physics" (lecture is a part of the Ronald McNair Lecture Series) Presenter: Dr. Floyd James, Department of Physics. Marteena Hall, Room 312, 4 p.m.
 - Feb. 28
 First Annual Black History Month Junior Quiz Bowl Challenge Memorial Student Union, Stallings Ballroom and Exhibit Hall, 9 a.m. - 2 p.m.
 - Feb. 28
 "The Politics of North Carolina's New 13th Congressional District." Gibbs Hall, Room 123, 12 noon-1:30 p.m.
- All events are open to the public. For questions or further information contact:
 Phyllis Cole at 336-334-7607 or Dr. Millicent Brown at 336-334-7831.

Feature of the week

Aggie swimmer Samanda Chasten

BY CHRIS WALLACE
Register Sports Editor



Samanda Chasten

The N.C. A&T swim team is one of the rising athletic programs on the campus. However, many people may not know that a swim team even exists.

This year, the swim team vows to get more people involved while striving in the water. One person in particular has followed her plans in hopes of a brighter future.

Samanda Chasten, a junior speech pathology major, is one of the many people helping this athletic program lift itself from ground level.

"This year's swim team is more diverse with the events offered, and they're more in depth," said Chasten. "Most of all, this team is united and positive in all that they do."

Working on lowering her times in the 100 freestyle and 100 breaststroke are two of the things Chasten feels is necessary to make herself and the team better. Also, she feels that motivation is a key.

"Health, exercise and teammates are some of the things that keep me motivated. Also, I want to achieve particular goals in reference to swimming. As for our team getting to the next level, we have to continue training hard during the off-season and recruit good swimmers," added Chasten.

Accountability, leadership abilities, and the fact that patience is a virtue are a few more of the vibes heard by this team. Most importantly, these ladies are student-athletes, and that name alone carries a lot of weight.

Besides fulfilling the athlete part, they must first be a student, which just happens to be the most important of the two.

Chasten, along with her capabilities as a swimmer, boasts a 3.3 GPA, which proves her both a gifted swimmer and student. Sacrifice comes with life, and she's sacrificed a lot to maintain a level of excellence as a student-athlete.

"I sacrifice sleep and weekend time in exchange for studying and playing catchup in my books," said Chasten. "Most importantly, I have to manage my time. My parents guided and prepared me well for college, and I'm extremely grateful to be receiving a college education and be a representative of N.C. A&T."

While Chasten continues to excel as a student-athlete, her future remains bright. With her motivation and desire, the Aggies have a multi-talented star who'll only get better.

Taalib steps up big in victory

BY CHRIS WALLACE
Register Sports Editor

Prior to the Jan. 28 game time tip, there was a moment of laughter for the visiting Coppin State team. After running out for warmups, the Eagles ran through the Aggies layup drills, showing a wide degree of disrespect. However, the Aggies would end up with the last laugh, using an early 23-2 run to power them to a 66-55 victory.

Aggie center Jafar Taalib sparked the Aggies, scoring a career-high 23 points and 10 rebounds, while shooting 10-of-13 from the field.

"I'm happy for this team," said Aggie head coach Curtis Hunter. "Things weren't going well for us earlier in the season, but now we're playing as a unit, and more people are stepping up to help us get the job done."

The victory came on a night when star Bruce Jenkins was saddled with foul trouble and eventually fouled out of the game with 2:38 remaining. Jenkins finished with six points, five boards and three blocks.

After falling behind 10-5 early, A&T dazzled the crowd with a 23-2 run in the first half, taking a 33-20 halftime lead. Coppin State responded with a 17-6 run of their own in the second half, pulling to within seven with just under 12 minutes remaining.

Just as the Aggies have done of late, A&T dominated down the stretch, responding to every Eagle attempt at a comeback.

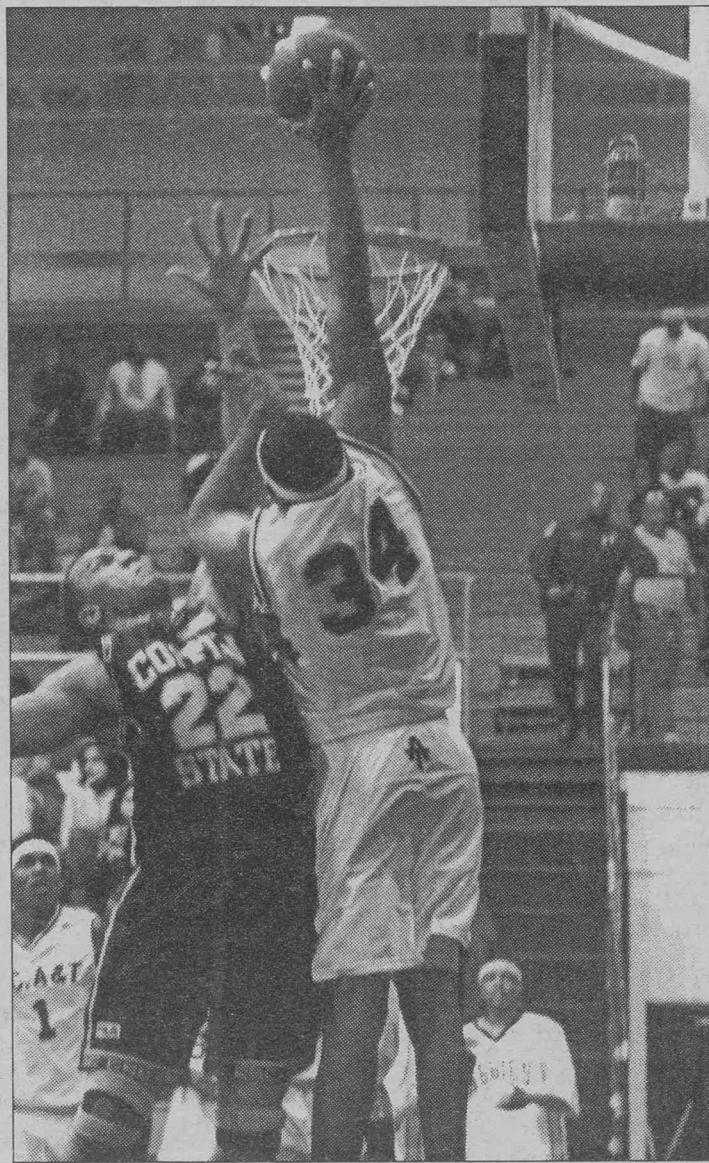
"These guys are beginning to do the things that I've been preaching about all along," said Hunter. "The bottom line now is that our players are making plays."

This game did not start on time due to a false fire alarm in the Corbett Sports Center. The game was originally slated to start at 7:30 p.m. but did not begin until 8:35 due to the alarm. The building was evacuated as fireman and other crew were called in to check out what the problems were.

LEADING SCORERS

A&T- Jafar Taalib- 23 points
Anthony Debro- 12 points

Coppin State- Larry Tucker- 14 points
Alexy Ferreira- 14 points



Charles Watkins/A&T

Aggie center Jafar Taalib rises over a Coppin State defender during the game on Jan. 28.

Streaking Aggies win fifth straight

BY CHRIS WALLACE
Register Sports Editor

After opening the Jan. 30 game with a so-so start at the Corbett Sports Center, the Aggies exploded early in the second half and then had to hold on for a 76-71 victory over rival South Carolina State.

The victory, A&T's fifth consecutive, puts them at the .500 mark for the first time this season and in a tie for fifth place in the MEAC.

"We had some turnovers late in the game that really hurt us," said Hunter. "But our guys maintained their composure and held on. The key for us is that now we're not doing things to beat ourselves."

The fired-up Aggies led 31-23 at the half, but opened up the second half with a furious 17-4 run, giving them a seemingly comfortable 48-27 lead. The run was capped with a thunderous dunk by freshman guard Steve Koger, bringing the crowd to its feet.

S.C. State would respond, however, with a flurry of runs themselves. After a 10-0 run pulled the Bulldogs to within 11, A&T called a timeout but momentum had already shifted.

The Bulldogs continued to surge back, cutting A&T's deficit to 57-53 with 5:30 remaining, but Aggie guard Landon Beckwith, who ended with 17 points on 4-of-7 three-pointers, hit a huge 3-pointer making the score 60-53 with five minutes remaining.

Once again, S.C. State crept closer,



Charles Watkins/A&T

Bruce Jenkins and the Aggies have turned their once-lowly season into a promising one after five straight wins.

getting to within three, but with the game still hanging in the balance, Aggie star Bruce Jenkins made the biggest play of the contest.

With the score 66-60, Jenkins ran out on a fast break, hit a soaring layup over a Bulldog defender, and was fouled. He converted the three-point play, making the score 69-60, and the Aggies would finish off the Bulldogs at the free throw line in the final two minutes.

"We had been in tight situations like this before, but we'd always wind up losing," said Aggie guard Marque Carrington, who scored 18 points and dished out six assists. "This time, we're showing that we've learned from our mistakes."

"What I'm most happy about is that we hung in there and pulled it out when we really had to."

Jenkins, rebounding from a subpar performance, collected his 16th double-double on the season, finishing with 24 points and 15 rebounds.

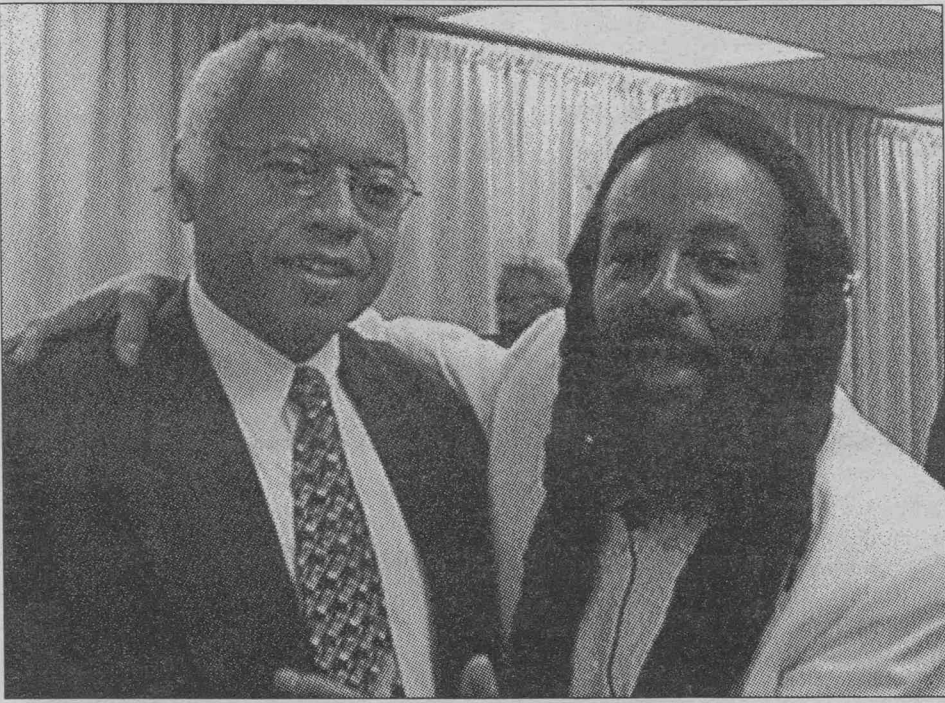
The Aggies will face Delaware State in Dover, Del., on Monday, Feb. 4.

Two home games follow on Feb. 9 against FAMU and Feb. 11 against Bethune-Cookman College.

LEADING SCORERS

A&T- Bruce Jenkins- 23 points
Marque Carrington- 18 points

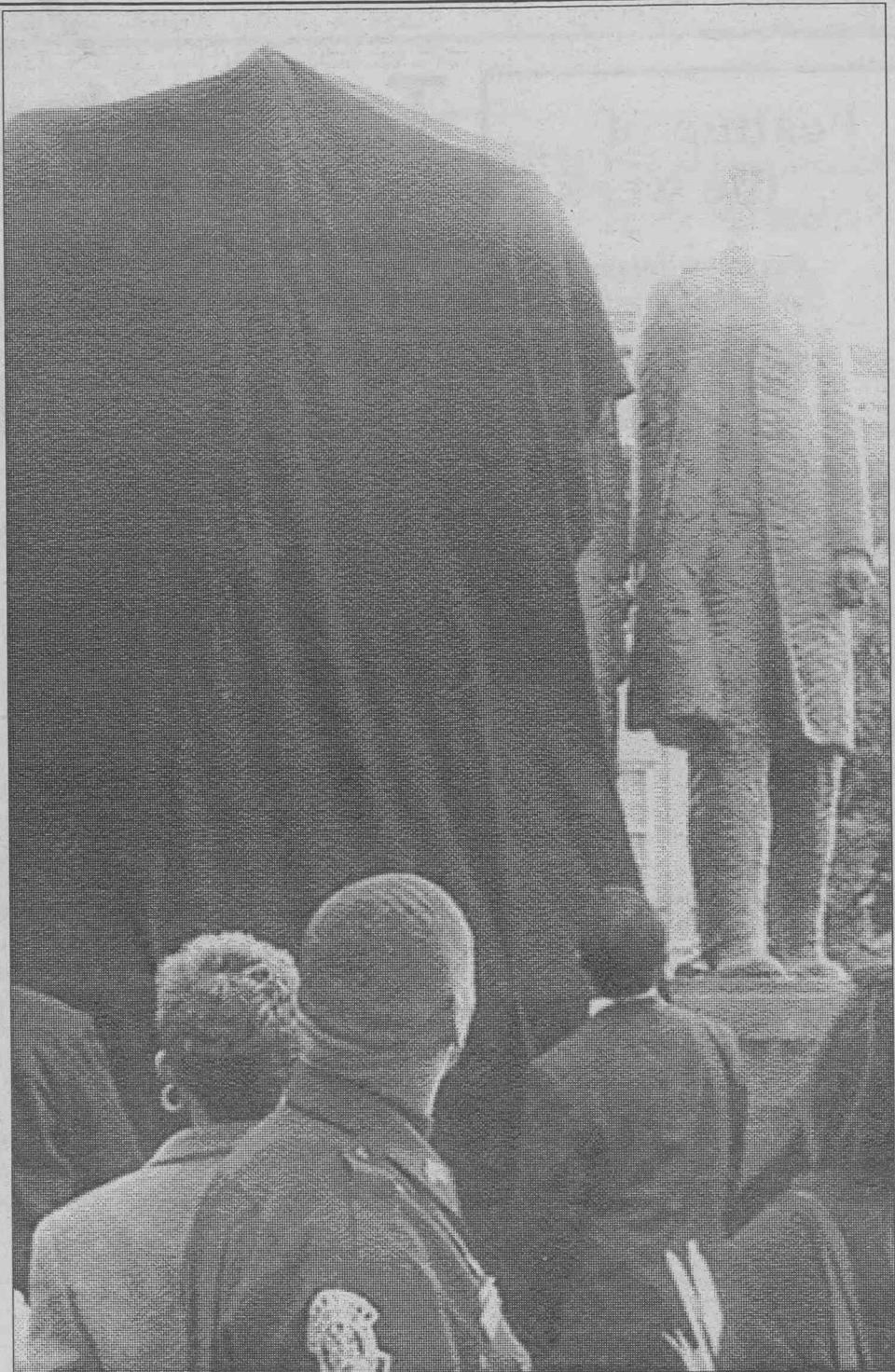
S.C. State- Andre Riviera- 23 points
Dexter Hall- 19 points



Sharonda Eggleton/Register Staff(4)



(Top left) Joseph McNeil and Jibreel Khazan pose for a picture at the breakfast honoring the A&T Four. (Bottom left) James Barnhill and Franklin McCain shake hands before the unveiling of the A&T Four monument. (Top Right) The monument is starting to be uncovered by members of the community and the A&T Four. (Bottom Right, from left to right) Franklin McCain, Jibreel Khazan and Joseph McNeil stand in front of the now unveiled monument. Feb. 1 marked the 42nd anniversary that the A&T four sat-in at F.W. Woolworth.



77 A&T students named "Who's Who Among Students in American Colleges"

Seventy-seven N.C. A&T students were selected for the 2002 edition of "Who's Who Among Students in American Universities and Colleges."

Campus nominating committees and editors of the annual directory have included the names of these students based on their academic achievement, service to the community, leadership in extracurricular activities and potential for continued success.

They join an elite group of students from more than 2,300 institutions of higher learning around the world. The directory has been honoring outstanding students since 1934.

A&T students included this year are: Sameeya Ahmed, Lakisha Allen, Allyson A. Alston, Cecilia A. Alston, Joshua Alston, Katherine G. Bagley, Nicole Baltazar, Veronika Barley, Terrence Bekoe, Tomeika L. Blackwell, Leasonna O. Boozer, Tiffany N. Boyce, Ian Bridgers, April Brown, Erica Lynn Burns, Shannon Cannady, Joseph M. Canty, Donna Coletrane, Karmen L. Cooper, Isatta E. Deen, Mary-Jane

Deen, Tamia Eaton, Rachel Fountain, Danielle Fowler, Joseph Frierson, Lauren H. Glover, Jahi Gorham, Brian A. Graham, Bryanne Grainger, Crystal Grant, Robyn Greenberg, Maryam Hakeem, James M. Harris, Tamika Hubbard, Melanie N. Hylton, Amzi Jackson, Kimberly L. Jeffries, Angela E. John, Catrina Joseph, Ann T. Joyner, Benita R. Kinney, Chrystal C. Lee, Myra E. Lloyd, Phillip Mark, Melanie D. Martin, Sheeda Middleton, Myneesha Miller, Crystal Pass, Stacy Perry, Joy D. Pittman, Lareatha A. Polk, Benita A. Powell, Destiny Ramjohn, Sean C. Reaves, Lataisha Richardson, Kassinda M. Ross, Sheresha N. Russell, LaTia Scott, Crystal Sharpless, Atyia Sims, Adrienne V. Smith, Kenya Smith, Nikkia Squires, LaToya Sylver, Tammy S. Thomas, Shayla Thompson, Carolyn D. Wade, Nadra E. Wagner, Sheronda S. Walters, Marc Ward, Yolanda L. Ward, Anyua Westmoreland, Christina Wiles, John Wilkins, Dasheba R. Williams, Marsay Winder and Aretina J. Young.

Army ROTC hosts women's leadership event

The National Society of Pershing Angels and the N.C. A&T Army ROTC program are hosting the second annual Women's Leadership Seminar.

The theme of this year's seminar is "Fulfilling Your Role as a Woman in the Military." The leadership panel will con-

sist of active-duty women from Fort Bragg, N.C.

The event will be held from 5:30-6:30 p.m. Feb. 7 in the Memorial Student Union Ballroom. Refreshments will be served. For more information, contact Nicole A. McLean, cadet, at 334-7552.

The Lincoln County Schools are accepting applications for teachers in all areas. If you would like to learn more about opportunities for prospective teachers, please visit us at the Education Job Fair on Feb. 7.

For more information, contact:

**Dr. Walter H. Hart
Assistant Superintendent
Human Resources**

**P.O. Box 400
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email: whart@lincoln.k12.nc.us

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